

Foreign Care Workers Workshop Q&A

Philippines



Organizer : Kobe-roushiren

無断転用禁止

No	Question	Answer
①	<p>When I get sick, people at the facility accompany me to the hospital, however, as much as possible I would go by myself because I might disturb their time.</p> <p>For that reason, it would be great if there was some way we could go to the hospital in Kobe City by ourselves.</p>	<p>The people at the facility are worried about you and find it difficult to explain the insurance procedures and medical conditions, so they will come with you to the hospital. If you don't mind, please ask co-worker to accompany you until you can understand technical Japanese terms and get used to Japanese culture and lifestyle.</p> <p>Kobe City will continue to support such as creating a comfortable working environment for foreign care workers.</p>
②	<p>My friend says he does not want to come to Kobe City because there's no support.</p> <p>In cities like Kanagawa and Tokyo there are different kinds of support but there is none in Kobe City. (Example: Local Governments in Kanagawa Prefecture have systems for tuition and subsidies, nursing care learning support for social worker exams, etc.)</p>	<p>Kobe City also provides support for learning Japanese, obtaining caregiver qualifications, subsidizing housing allowances, and conducting seminars.</p> <p>This year, kobe plan to start disseminating information for foreign caregivers working on website.</p> <p>Kobe City will continue to support such as creating a comfortable working environment.</p>
③	<p>I would like to live in Tokyo, Kanagawa or Osaka in the future.</p>	<p>Tokyo, Kanagawa Prefecture and Osaka are big cities, so I can understand why you want to live there.</p> <p>Kobe has a temperate climate, and it is close to the sea and mountains.</p> <p>Also kobe citizens are warm and it is place where you can easily make a living with religious establishments and supermarkets selling foreign products.</p> <p>Kobe will continue to promote urban development to become more comfortable city to live in for all Kobe citizens, including foreigners.</p>
④	<p>I would like to know more about taxes and insurance premiums.</p>	<p>In Japan, there are taxes to pay to the country (Income tax), to the city (Municipal tax) and to the prefecture (Prefectural Tax).</p> <p>Since the tax rates are determined based on your salary rest assured that you are not being over deducted and the facility pays your taxes correctly.</p> <p>Insurance premiums are the same as taxes and are determined based on your salary.</p> <p>The important thing is that you can receive social services in Japan by paying taxes and insurance premiums.</p> <p>At the Hoonkai Headquarters Training Center every year in October, upon the request of Hyogo Prefecture, we are conducting an e-learning training on caregiving skills for foreign caregivers, and we also teach in detail about taxes and health insurance cards. So you can participate if you like. The training is free of charge and is conducted in your native language.</p>

Nº	Question	Answer
⑤	<p>Regarding housing, when I was looking for a room in Kobe before, the guarantor told me that I could not rent without a Japanese person.</p> <p>To make it easier for foreigners to live in Kobe, I need help regarding housing and renting apartments (guarantor issues, etc.)</p>	<p>In Japan, there are properties that can be rented without a guarantor. The content of the support varies depends on the facility where you work, so please check with the facility.</p> <p>Kobe City will continue to support and create a comfortable working environment for foreign care workers.</p>
⑥	<p>Actually, I feel that there is discrimination against foreign employees in the workplace.</p>	<p>Many of the Japanese people who work with you are grateful that you came to Japan. If you feel that you are being discriminated against in the workplace, please contact your education staff or facility manager and consult with them.</p>
⑦	<p>I have a question about health insurance.</p> <p>If you receive dental treatment and acne treatment, will it be covered by the health insurance?</p> <p>Can I bring my relatives over with my status of residence as a specific skilled worker?</p>	<p>In principle, it is covered by the health insurance, but before starting treatment, it's best to talk to your doctor and ask if all treatments will be covered by the insurance. It's important to clearly state that you want to use your insurance before undergoing any treatment.</p> <p>The status of residence "Specified Skilled Worker No. 1" cannot invite relatives.</p>
⑧	<p>It is difficult to find a room.</p> <p>They will teach me about it in the facility but I would like to do as much research on my own as possible.</p>	<p>You can look it up yourself on the Internet, but if you find it difficult to sign a contract in Japanese, please consult with the staff at the facility.</p>
⑨	<p>I have a friend who had a hard time finding a part-time job in Kobe. I don't think there are many job opportunities here in Kobe.</p>	<p>Kobe is a big city with many foreigners working here, so there are no job shortages.</p>
⑩	<p>The facility does the year-end adjustment, but I still don't understand.</p> <p>Also, since I send money to my family, can you please provide a detailed explanation about it?</p>	<p>"Year-end tax adjustment" is a procedure to correctly calculate the income tax to be paid for the year at the end of the year when the total annual salary is fixed, and to collect or refund the excess or deficient tax amount withheld by the end of the year.</p> <p>With regards to income deductions, for example, dependent deductions apply if dependent relatives</p> <ol style="list-style-type: none"> (1) share the same livelihood with the taxpayer, and (2) are relatives of the taxpayer (within the sixth degree of kinship, within the third degree of kinship by marriage), etc. <p>It is necessary to submit an application for exemption for dependents that proves that the conditions are met.</p>
⑪	<p>Kobe City is increasing employment and job opportunities for foreigners, I think it's better to give them more support.</p>	<p>Kobe City also provides support for learning Japanese, obtaining caregiver qualifications, subsidizing housing allowances, and conducting seminars.</p> <p>This year, Kobe plan to start disseminating information for foreign care workers working in Kobe on our website. Kobe will continue to support and create a comfortable working environment for foreign care workers.</p>

No	Question	Answer
⑫	Japanese and Kanji are difficult.	Kobe International Community Center (KICC) offers a Japanese learning support program. 4 classes are offered each year, and students can study one-on-one with volunteers for six months free of charge. (Start 2022.April/July/October/January) Location: Shinnagata, Sannomiya https://www.kicc.jp/application/files/9316/4429/4121/202204_.pdf
⑬	If I pass the caregiver Licensing Examination, will my salary increase?	The salary system depends on the facility, but there are many offices that provide qualification allowances.
⑭	When I actually use what I have learned in Japanese textbooks, oftentimes I find it hard for the words to be understood.	I often hear similar opinions. A Japanese seminar will be conducted using Japanese Language used in the workplace as the topic entitled: "Japanese language training for foreign care workers by e-learning" conducted in Vietnamese, Burmese, English and Japanese, so please join if you like. Training participation fee is free.
⑮	I want to take the caregiver Exam but I don't know what textbooks to use and what way of studying is best. Self studying is not going well, so I need your support.	The content of the exam is same with Japanese examinees, but the questions are written in hiragana, and you can take the exam 1.5 times longer than Japanese examinees. Kobe City has established a system to subsidize part of the support provided by the facility when the facility supports your studies. Please ask if there is any support from the facility. As for the Care Worker Examination, the Hoonkai Headquarters Training Center teaches nursing care skills and nursing care Japanese language training in your native language for free every October, commissioned by Hyogo Prefecture. If you like, please join.
⑯	Is the caregiver exam held 6 times per year?	Once a year, the written test is held in January and the practical test is held in March of the same year. Non-EPA technical intern trainees and specific skilled workers are required to undergo practical training in order to take the care worker examination. However, in this case, the person will be exempted from the practical examination.
⑰	I would like to take the care worker examination, but is there something the facility can provide for me?	Kobe City has established a system to partially subsidize when facilities support your learning, so ask if whether facility provides support or not.
⑱	Currently, I have one year of practical experience as a specific nursing care worker. There is a Nursing care learning support at facility (practical training + care worker examination) but I would like to proceed from basic (initial training). If possible, I would like to take the beginner's nursing care training qualification.	Kobe City has established a system to partially subsidize training fees for first-time employees. Please confirm with your facility.

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①9	I was asked to take N3 but it is difficult to study while working. However, if we create a self-study group, I think we can study together and help each other.	I think it's a very good idea to create a self-study group and study together. In addition, a Japanese seminar will be conducted using Japanese Language used in the workplace as the topic entitled: "Japanese language training for foreign care workers by e-learning" conducted in Vietnamese, Burmese, English and Japanese, so please make use of it if you like. Training participation fee is free.
②0	Kansai dialect is difficult, and I don't know how to hold a conversation at the facility.	We will continue to tell the people in charge of the facility to speak slowly in standard Japanese through the training of the Kobe City Federation of Welfare Facilities for the Elderly.
②1	I would like to have meeting for foreigners in Kobe at least once a year.	The Kobe City Federation of Welfare for the Elderly also plans to hold an exchange event like this every year.
②2	I think the biggest worry or problem for foreigners is "The words can't be comprehended". Why?, you might ask. This is because if you are able to comprehend the words, you can ask a Japanese person or search by yourself, if there is something you don't understand at that time.	In order to improve your Japanese, it is important to talk with many Japanese people in Japanese. Even when you are talking to a Japanese, if you come across some Japanese words that you don't understand, just ask them on the spot. Then you can search it later and be able to comprehend the words. A Japanese seminar will be conducted using Japanese Language use in the workplace as the topic entitled: "Japanese language training for foreign care workers by e-learning" conducted in Vietnamese, Burmese, English and Japanese, so please join us if you like. We teach with an original textbook in Japanese. Training participation fee is free.
②3	I have a question regarding my practical experience in nursing care. How is the work experience (3 years) calculated? I had a job transfer before and because of that, there was a period when I didn't work. What happens in that case?	In order to take the national care worker examination, the required period of employment must be 3 years (1,095 days) and 540 days of work by March 31 of the examination year. (The number of days not engaged in nursing care work and absence period is not included). In the case of transfer, if the start date and end date of employment are known, they will be totaled.
②4	Is there a gym in Sannomiya?	(URL : https://www.cospa-wellness.co.jp/corp/kobefukushi-sc/) There is a training room and pool at the Kobe Citizen Welfare Sports Center on the south side of Sannomiya Station. Gym is 200 yen, the pool is 600 yen. In the August of 2022, due to the Corona Virus there is time limit of 90 minutes per session.
②5	Do you have a consultation desk?	There is Jicwels and KICC. Please confirm it. Jicwels https://jicwels.or.jp/fcw/?page_id=85 KICC https://www.kicc.jp/ja/aboutkicc

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26	<p>Are there any places other than consulates where foreigners can consult in their native language? In case of emergencies other than fire emergencies, such as when you are involved in an accident.</p> <p>Other than the facility, friends and embassies, I would be happy if I could consult with someone about troubles related to my stay in a place near Kobe city in my native language.</p>	<p>It is compulsory to report traffic accidents to the police. Be sure to report it to the police.</p> <p>On the other hand, for foreign care workers, we accept free consultations regarding living situations, Japanese study VISA, and labor management.</p> <p>We also communicate in your native language, so please check it out.</p>
27	<p>I have a technical intern trainee visa for a year and a half now.</p> <p>My boyfriend has a specific skill, but can I bring my family with me?</p> <p>If I get married and have children, is there any support?</p> <p>Can I work for 3-5 years after switching to a specific skill?</p>	<p>You cannot switch to specific skill in the middle of technical training.</p> <p>If you successfully complete Technical Intern Training No. 2 or 3, you can change to specific skill.</p> <p>You can work for up to 5 years from the time you switch to specific skill.</p> <p>If you have a child, depending on your insurance coverage, you may receive pregnancy test fees, lump-sum childbirth and childcare allowances, and childcare leave benefits.</p> <p>The status of residence "Technical Intern Training" and "Specified Skilled Worker" does not allow family members to come, but if you pass the Care Worker Examination, you will be able to change your status of residence to "nursing care" and bring your family.</p>
28	<p>I will take the caregiver exam after three years, if I pass, will I be able to work in Japan forever?</p>	<p>Yes.</p> <p>If you pass the care worker examination, you can change your status of residence to "nursing care" and work in Japan forever.</p>
29	<p>My status of residence will soon be changed from "Technical Intern Training" to "Specified Skilled Worker No. 1".</p> <p>However, I felt that it was not much different from when I was a technical intern trainee.</p> <p>Could you tell me about the merits of specific skills?</p>	<p>In principle, technical intern trainees are not allowed to change jobs to nursing care occupations, but it is possible in specific skills.</p> <p>You can plan the employment period with the maximum stay of 5 years as "Specified Skilled Worker No. 1".</p> <p>In addition, if it is possible to acquire the qualification of a care worker within five years, the status of residence will be changed to "nursing care" and you will be able to work in Japan permanently.</p>
30	<p>Can I become a specific skill No. 2 after working for 5 years?</p>	<p>There are only 2 items covered in the specific skill no. 2, which are construction and shipbuilding.</p> <p>It does not apply in Nursing Care, so you cannot change to specific skill No. 2.</p>
31	<p>Will I be able to invite my family when I become a specific skill No. 2?</p>	<p>Nursing care field cannot be a specific skill No. 2.</p> <p>If you pass the Care Worker Examination and change your status of residence to "Nursing Care", you can bring your family.</p>

No	Question	Answer
32	<p>I want to live in Japan for a long time, and I am also thinking about marriage and children.</p> <p>I have a status of residence for specific skills, but how can I bring my family over? According to the law, I will be able to bring my family over if I become a specific skill no. 2.</p>	<p>The nursing care field can never change to specific skill No. 2, so it's not yet possible to invite your family.</p> <p>If you pass the Caregiver Examination and change your status of residence to "Nursing Care", you can bring your family with you.</p>
33	<p>Regarding specific skills system (period of stay, skill level, etc.) In particular, I do not have a clear understanding of the field of nursing care yet, so can you please explain it to me?</p>	<p>The period of stay for the status of residence "Specified Skilled Worker No. 1" is up to 5 years.</p> <p>In addition, within five years, if you acquire the qualification of a care worker, you will be able to change your status of residence to "nursing care" and work in Japan permanently.</p>
34	<p>Please let me ask about the residence card application. I will be 28 years old this year.</p> <p>Currently I'm a technical intern trainee and my labor will end in 1.5year. My future plan is to get married in Japan in 3-5years and have children.</p> <p>Also, do you have any system or measures to make it easier for foreigners to live in Japan for a long time?</p>	<p>Once you obtain the care worker qualification, you will be able to change your status of residence to "nursing care" and be able to work in Japan permanently.</p> <p>If you have a child, depending on your insurance coverage, you may receive pregnancy test fees, childbirth and childcare lump-sum benefits, and childcare leave benefits.</p> <p>Regarding the Care Worker Examination, the Hoonkai Headquarters Training Center teaches caregiver skills training and caregiver Japanese training in Vietnamese free of charge every October on behalf of Hyogo Prefecture.</p>
35	<p>How long is the practical training for the national examination valid after taking it?</p>	<p>Two years.</p>
36	<p>Is the national exam related to JLPT?</p>	<p>It is not related.</p> <p>You can take the national exam (care worker) without taking the JLPT.</p> <p>However, It is better to study Japanese because you need Japanese language ability in order to study for the national exam.</p>
37	<p>What is the national exam like?</p>	<p>You better not to take it too lightly.</p> <p>N1•N2 are important, but I think it's more important if you can understand the words that are included in the questions.</p>
38	<p>Please tell me the eligibility to take the care worker examination.</p>	<p>Applicants must have worked in Japan for 3 years and above (1,095 days and above, 540 days and above of actual working days) and have been engaged in work such as nursing care.</p> <p>EPA Candidates for careworkers who have acquired the qualifications to take the examination can take the test even if they have not completed the practical training, however, you can be exempted from the practical skill test by completing the practical training.</p>